



## *Support for Single Moms*

Do you feel overwhelmed, alone, or that you're struggling as a parent?

Do you feel overtaken by one hard thing after another or that you can never catch a break?

We are here to serve you.

*Text Call Email*



470-885-7074

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# What You Need to Know

This program is **FREE** of charge  
and includes:

- therapy for moms
- therapy for kids
- parent coaching
- family stability planning
- and more!



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We provide childcare in addition to  
transportation to and from our offices.

[www.mothersadvocacyproject.org/i-am-a-mom](http://www.mothersadvocacyproject.org/i-am-a-mom)